



Take Action, Inspire Change

#MANDELADAY



CURE VALUES OUR PATIENT'S FEEDBACK

See how we rated nationally from
June - August 2021



✓ Service received
from Reception
99% Excellent

✓ Discharge
information
99% Excellent

✓ Cleanliness of
facility
99% Excellent

✓ Nursing care
99 % Excellent

✓ Ease of finding
hospital location
98 % Excellent

✓ Likelihood to
recommend
facility
99% Excellent

Cure Day Hospital Midstream

NEW OVERNIGHT FACILITY AVAILABLE FOR PATIENTS.

Cure Day Hospital Midstream now
offer patients the opportunity to stay
overnight after certain surgical
procedures.

For more information, kindly contact:
Chantel Vos (Marketing Officer)
on 083 396 7979 or chantel@cure.co.za

OPHTHALMOLOGY NOW OFFERED AT CURE FOURWAYS



Dr Lerato Mudau is a qualified Ophthalmologist (eye surgeon). She holds a BSc degree from the University of Durban - Westville and an MBChB degree from MEDUNSA.

Dr Lerato Mudau went on to complete her postgraduate training and obtained her MMed (Ophthalmology) from the University of the Witwatersrand as well as a fellowship [FC (Ophth) SA] from the Colleges of Medicine of South Africa (CMSA)

Dr Mudau has a special interest in cataract and refractive surgery as well as anterior segment diseases while striving to provide a comprehensive holistic eye care service to all her patients.

CURE DAY HOSPITAL EAST LONDON

Cure Day Hospital East London – our 10th addition to the Cure Day Hospitals Group – is progressing well and should be operational by early 2022.



CURE PAARL TURNED NINE

Cure Paarl has assisted
over 16 000 patients since
opening in 2012.



RAISE THE BRA

Dr Deon Weyers, Plastic Surgeon at Cure Day Hospitals Fourways did an interview on Kyknet's "Die Groot Ontbyt" about "Raise the Bra" Initiative.

Cure Erasmuskloof, Fourways, Midstream and Wilgeheuwel will all take part in this initiative. We will receive boxes that will be placed in our reception areas encouraging the patients, staff and public to donate unwanted bra's. These bra's will then be donated to less fortunate girls who can't afford to buy their own. This initiative will run until the end of September 2021.



#MANDELADAY

ONE HAND CAN FEED ANOTHER.

Take Action,
Inspire Change

Bellville

Cure Bellville supplied the Durbanville Kinderhuis with much-needed stationery packs and blankets.



Bloemfontein

Cure Bloemfontein showed us how one hand can feed another by collecting money to purchase milk, sugar, coffee and beef mince for Anchor of Hope.



Eramuskloof, Midstream and Wilgeheuwel

Cure Erasmuskloof, Midstream and Wilgeheuwel donated 100 goodie bags to Pixie Pinks.



Fourways

Cure Fourways donated baby products, goodie bags and t-shirts to The Lighthouse Baby Shelter.



Medkin

Cure Medkin donated cleaning products to MOTH women's Auxilliary - old age home and frail care.



Paarl

Cure Paarl donated items to Groenheuwel Primary School where 60 learners are assisted with home work and recreational activities.



Somerset West

Cure Day Hospital situated in Paardevlei Somerset West used Mandela day to make up care packages for children who come to PATCH after being victims of sexual abuse.



"It always seems impossible until it's done."

Nelson Mandela

Cure Head Office

Cure Holdings staff donated 31 food parcels to various families in need.





Cure Bellville Teambuilding

Cure Bellville staff members attended a Minute-to-Win-It teambuilding on 26 June. Staff members worked well together to achieve the required outcomes.



Cure Erasmuskloof hosted a competition for their doctors' rooms with the aim to increase the online pre-admission forms. A big congratulations to Trish from Dr Carpenter-Kling for being the well deserved winner. She achieved a 88% online pre-admissions vs booked cases.



On Saturday, 14 August, **Cure Midstream** and Operation Healings Hands partnered up and provided a variety of ENT procedures to 8 young kids. A big thank you to Dr Anton Smit (ENT), for performing these life changing surgeries. Thank you to the Anaesthetists, Dr Hannah Brand and Dr Marie Karshagen who provided their services.



Cure Medkin Heroes

Minenhle and Mbalenhle Hlatshwayo showed their bravery by celebrating their 6th Birthday at Medkin as they underwent a Dental procedure performed by Dr Fundi Ndebele (Dentist) on 19 August.



Cure Wilgeheuwel

On Tuesday, 17 August 2021, Dr I Freed performed a procedure on Mrs A Coetzee at Cure Day Hospital Wilgeheuwel who was patient number 5000. We had the privilege to have our C.E.O. Mr Bert Von Wielligh and our Group Operations Manager, Ms. Nicola Van Der Westhuizen present to celebrate with her.



Cure Paarl's first Shoulder Arthroscopy

Dr Christo Lourens an Orthopedic Surgeon from Paarl performed a Shoulder Arthroscopy on 19 August, a first for our facility. Thank you to Josef de Beer from Medhold Medical, Drs Schwabe and Taljaard and the Cure team for their support and assistance.



Cure Wilgeheuwel

Thank you to our resident Doctors who changed another life for one of our little Cure Heroes! On 22 July 2021 Dr I De Wilde, Orthopaedic Surgeon and Dr E Neuhoof, performed a Pro-Deo procedure on Ziane van der Merwe.



First Shoulder Arthroscopy at Cure Fourways

On Friday 2 July 2021, Cure Fourways had its first Shoulder Arthroscopy, performed by Specialist Orthopaedic Surgeon, Dr H Papagapiou.



Cure Paarl

Cure Paarl sponsored goodie bag items for the Franschhoek Lions Club trail run that took place on 21 August at Glenwood Wine farm, where 200 runners took part.



CURE SOMERSET WEST
WELCOMES
Dr Tonétha Jay
Plastic Surgeon
Suite G04 Vyfster Building, 18 Gardner Williams Avenue,
Paardevelde, 7110 | T: (021) 879 3510



SPECIALS
CONTACT YOUR NEAREST CURE DAY HOSPITAL to find out what the current co-payment or procedural specials are!
Everything you need to know is right here, just scan!




CURE WILGEHEUWEL
WELCOMES
Carrie-lee Mcgrory
Hospital Manager



THE NEW NORMAL FOR HEALTHCARE AND ITS EFFECT ON THE ECONOMY

The new normal for healthcare and its effect on the economy

'You need to have a healthy nation and quality healthcare to move South Africa forward.'

By Jeanette Clark. Featuring operating Urologist at Cure Fourways -
Dr Angelo Apostoleris

The global economy is projected to grow at 6% in 2021 and 4.9% in 2022. After a year where a new respiratory virus left the world bruised and battered, at first glance these numbers look like the promise of a new beginning and new hope. The reality is much more nuanced and complicated, which became clear when the International Monetary Fund (IMF) revised the detail around its global economic outlook in July this year.

The overall forecast for 2021 remained unchanged, but existing global fault lines and inequities widened, demonstrated by the IMF upgrading growth expectations for advanced economies by 0.5% and downgrading the expected performance of emerging and developing economies by 0.4%. These offsetting adjustments reflect differences in pandemic developments and policy shifts, the IMF said in its outlook document. According to the report, vaccine access and vaccination rollout remains the most critical issue for global economic recovery.

In May this year, the World Health Organisation (WHO) Strategic Advisory Group of Experts on Immunisation convened over Covid-19 vaccines. At that meeting the group stated that inequity in vaccine availability is decreasing slightly, but pointed out that high-income countries have administered "69 times more doses per inhabitant" than low-income countries.

According to the WHO, 31.4 million doses have been administered in 50 African states, meaning only 2% of the African adult population has received a single dose. In South Africa, at least, there are signs that the inequity is being addressed and that we are moving in the right direction, says Dr Evangelos Apostoleris, specialist urologist and consultant for Life Healthcare.

He lists various factors that are positive indicators, such as developed nations announcing that they will release more vaccines to underserved areas, commitments from manufacturers for doses earmarked for the continent as well as local manufacturing of both the Johnson and Johnson vaccine by Aspen, and the Pfizer-BioNTech vaccine by Biovac.

For Dr Apostoleris there should be urgency in speeding up the vaccine programme so that capacity can be freed to once again focus on the bigger healthcare system in South Africa. "When you look at healthcare and moving South Africa forward in this regard, it is not only the Covid-19 related topics that should receive attention. It is also the non-Covid-19 related issues that have to be addressed. The social determinants of health, for example," he says. "Simple things, like the conditions in which the population lives, access to running water, access to primary health care – all of this has taken the back foot."

Dr Apostoleris will be moderating the Healthcare Industry Insights 2021 for the Gordon Institute of Business Science (GIBS), where he is an alumni, at the end of the month. Topics such as the business of vaccine manufacturing and the challenges and changes to healthcare due to Covid-19 will be discussed. Among the topics that will come under the spotlight are these second-order effects of the pandemic and their impact on the healthcare system.

The impact and cost of mental health issues and deferred care challenges due to Covid-19 are two aspects that Dr Apostoleris believes will be unpacked and analysed for quite some time. "In terms of the second-order effects of Covid-19, I believe mental health is a huge one. So many people have been impacted in so many different ways, more than you could have imagined," he says. McKinsey & Company has again done a study in the US warning that the likely increase in substance use disorders possibly brought on by the mental health stressors of Covid-19 could have a significant impact on health costs for treatments to assist these patients.

The consultancy extrapolates data from its surveys and research, and forecasts that a potential 50% increase in the prevalence of behavioural health conditions could lead to between \$100 billion and \$140 billion of additional spend in the first year post the onset of Covid-19. "Deferred care, and how that will impact the healthcare system locally and globally, is another concern," says Dr Apostoleris.

Patients and people who were thinking of seeking medical advice about an issue at the end of 2019 or beginning of 2020 could have deferred that visit and subsequent care, he says. The treatment options for the underlying medical condition could be different now to what it was 18 months ago.

It has never been more important for the public and private sector to work together to address these new challenges, as well as inequalities that existed in the South African healthcare system even pre-Covid-19. It cannot just be business as usual, we need a new unique operating system to address these challenges.

"Cooperation is required to manage the care of patients as we move through the third wave," says Dr Apostoleris, adding that the real opportunity for partnership however lies in dealing with the backlog in general healthcare that will remain after the pandemic subsides.

"Whether it is routine screening procedures, elective surgery or scopes that are required to look for evidence of and treatment of medical conditions ... There will be a significant workload that needs to be dealt with and that is where we can work together," he says.

"It is important, you need to have a healthy nation and quality healthcare to move South Africa forward."