cure DAY HOSPITALS

www.cure.co.za



HONOURING **OUR NURSES**

***A voice to Lead** - Invest in nursing and respect rights to secure global health.*

International Nurses Day – 12 May 2022



Did you know?
Cure Day Hospitals had 246 new doctors working at our facilities from April 2020 to April 2022.

Cure Day Hospitals have obtained two new licenses in Mbombela and Montana, watch this space for more information!

Cure Day Hospitals reached the

200 000

patients milestone!

Our external audit was finalized with no significant findings.

DHA – TARIFF NEGOTIATIONS FOR 2023

The Day Hospital Association of South Africa obtained permission from the Competition Commission to collectively negotiate tariffs on behalf of its day hospitals members from 1 June 2022. As such, Cure will not be part of NHN going forward, and is in the process of setting up infrastructure to negotiate tariffs with Medical Aids. This is a milestone achievement for day hospitals in South Africa and should work favourably for the Day Hospital Industry.

MEET OUR **NEW** BOARD MEMBERS AND CHAIRMAN

Cure Day Hospitals group is proud to announce our new Holdings Board Members and Chairman. After many years of service, we say farewell to our previous Chairman who has resigned.

We extend a hearty welcome to Mr Vusi Mahlangu, our new Chairman.

Vusi is a founder and director of Tamela Holdings (Pty) Ltd, a black-owned investment company. He has more than 24 years' experience in investment banking. He has a BSc in Chemical Engineering (Honours) from the University of Cape Town and an MBA from Harvard Business School.



Vusi Mahlangu
Chairman of Holdings Board



Anton Millar
New member of Holdings Board



Dr Imraan Tayob
New member of Holdings Board

Vusi is serving on various boards, amongst others Capitec, and we are looking forward to Vusi's leadership. We would also like to welcome Mr Anton Millar and Dr Imraan Tayob (Anaesthetist) as new members to our board. We are so proud of Cure's achievements to date and look forward to what the future has to offer. The Cure Holdings Board play a big role in steering our organization towards a successful and sustainable future.

WELCOME TO CURE:

Albert De Jongh
New Business Development Manager at Cure Holdings.



CONGRATULATIONS:

Congratulations to **Nicola Van Der Westhuizen** on her promotion to Chief Operating Officer.



Good luck to our employees who are writing exams during June and July.





Cure Day Hospitals East London welcomed surgeons, head office, board members and important stakeholders to their opening event on Thursday, June 2nd. We welcomed over 125 guests to our prestigious event which entailed great food, exceptional coffee and enticing conversation about Cure's 10th Day Hospital. Our doors have been opened for private patients and we hope to start with medical aid cases in July but will keep all relevant parties posted. We thank everyone who attended the event or reached out to us for their time, support and encouragement. We look forward to working with the surgeons and public of East London.



Cure Day Hospitals Erasmuskloof making the world a better place — one smile at a time!

9 children from Smile of Joy were sponsored by Cure Erasmuskloof with free dental procedures. A big thank you to all doctors offering their services and all the Cure staff for outstanding care!



Cure Day Hospitals Bellville



Cure Day Hospitals Bloemfontein and SADA Dental CPD Event

A successful Dental CPD event was held at Cure Day Hospital Bloemfontein with 40 attendees.


Left to right: Dr Moodie, Dr Kruger, Dr Marais, Dr Berry, Dr Holm, Dr Prins and Dr Pienaar

Cure Day Hospitals Paarl CPD function

We hosted a successful CPD function in April at Pontac Manor. Dr Quintin Moodie, General Surgeon and Dr Hannes Holm, Pathologist were our presenters. Their topics were Indications for Endoscopies and Pathology found in endoscopies.



Staff Slipper Day – Reach for a Dream Foundation

Cure Somerset West staff celebrated Slipper Day in May. This initiative is to raise funds for the Reach for a Dream Foundation, who bring hope to children and adolescents with life-threatening illnesses by making their dreams come true.



Cure Day Hospitals Midstream

Cure Midstream warmly welcomes Dr Viola Morolo, specialist Urologist into our building. You can find Dr Morolo on the ground floor of Retire@Midstream and contact the rooms on 010 500 3339.



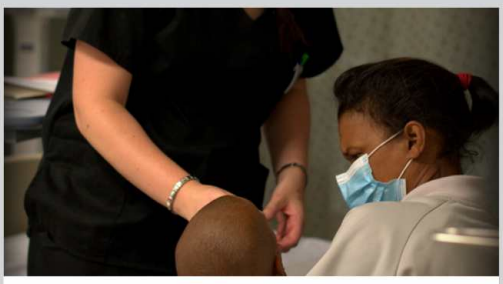






Cure Day Hospitals Somerset West doctors event

We spoiled our doctors to a wine and dine function on 26 May 2022 at Eikendal Vineyards, Stellenbosch.



Cure Day Hospitals Bellville helping those in need

Cure Bellville performed 9 pro bono Orchidopexies (Inguinal Hernia Repairs) on patients who have been on surgical waiting lists at nearby hospitals. We are delighted improve the well-being of the children and also lessen the burden on their families.



RaiseThe Bra

The popular campaign for underprivileged women returns in May 2022. It is an annual initiative benefiting high school learners and older women around South Africa, spearheaded by Plastic Surgeon Dr Deon Weyers. Donation boxes are available at all Cure facilities.



COHSASA Accreditation

Well done Cure Midstream and Cure Wilgheuwel for your impressive COHSASA scores. Cure Midstream scored 96% and CureWilgeheuwel scored 95%.



Cure Day Hospitals Wilgeheuwel



Children of Fire

Cure Fourways in partnership with Plastic and Reconstructive Surgeon, Dr Ridwan Mia, helped a patient in need and provided free surgery to a young boy from Children of Fire, a Non-Profit Organisation based in Auckland Park. Children of Fire has helped hundreds of children through reconstructive surgery, across Africa and even further afield.

Youth Month

This year's Youth Month is celebrated under the theme: "Promoting sustainable livelihood and resilience of young people for a better tomorrow". According to Stats SA, the youth in South Africa continue to be disadvantaged in the labour market with an unemployment rate higher than the national average and the unemployment among the youth continues to be a burden, irrespective of educational attainment. Cure Day Hospitals Group remains committed to the empowerment and advancement of young South Africans. Meet some of our learners and interns:



KABELO BILA
Cure Holdings



BOITSHWARELO SEPATO
Cure Bloemfontein



EVENS LEBOHO
Cure Holdings



MALEBO MONAHENG
Cure Medkin



KHOMOTSO MOKGWATHI
Cure Medkin



DUDU MADONSELA
Cure Wilgeheuwel



Cure Day Hospitals Medkin CSI projects

Cure Medkin helped 8 children with free dental surgery from Kids Dental Home as well as 1 child from Jakaranda Home with an ENT procedure. Thank you to all the doctors involved. ENT: Dr Albertyn, Dentists: Dr L Sibisi-Maboye, Dr S Atoliyah, Dr L Greer, Dr C Lefotlha, Dr M Weakley & Dr N Moliech. Anaesthetists: Dr P Tlailane, Dr I Melvin, Dr V Orji, Dr L Hlongwane and Dr Dr B Mokheseng, Prof Smith.

WE VALUE OUR PATIENTS FEEDBACK.

See how we rated nationally from March to May 2022.

Patients have the opportunity to score Poor/Average/Good/Excellent.

SurveyMonkey

Service received from Reception **94.6 % Excellent Rating**	Nursing care **93.2 % Excellent Rating**
Discharge information **95.6 % Excellent Rating**	Ease of finding hospital location **95.8 % Excellent Rating**
Cleanliness of facility **93.2 % Excellent Rating**	Likeliness to recommend facility **95.7 % Excellent Rating**



Cure Day Hospitals Medkin turns 15 years old

Cure Medkin celebrated it's classy, fun-filled 15th birthday celebration on the 21st of May for doctors and staff.



EPISTAXIS IN CHILDREN

Written by: Dr L Govender
Ear, Nose and Throat Specialist

Epistaxis, also known as a nosebleed, is a common and usually innocuous event in childhood. This condition having an adverse effect on the quality of life on children and their parents. These children are usually susceptible to nose bleeds due to extensive vascular supply to the nasal mucosa and the increased frequency of upper respiratory tract infections (URTI). Generally smaller bleeds can be managed effectively by primary care physicians, care givers or parents but frequent or severe bleeds should be referred to an Otorhinolaryngologist (Ear, Nose and Throat Specialist).

The prevalence of epistaxis is more common in children with upper respiratory tract infections and allergies. It is rare below two years of age but peaks in children from three to eight years.

Epistaxis is more evident in winter months possibly due to increased frequencies of upper respiratory tract infections or drying effect of the nasal mucosa.

The cause of epistaxis

The most common site of bleeds is the anterior part of the nasal septum. This part of the nasal mucosa is thin and easily exposed to dry air currents during the respiratory cycle. As in in the adult, the bleeding usually arises from the Little's/Kiesselbach's are. (Below figure)

Dr Govender is based at Mediclinic Midstream and performs his day surgery procedures at Cure Day Hospital Midstream.
T: 012 652 9421 | E: admin.drgovender@mediclinicnetwork.com



THE COMMON COLD: ACUTE RHINOSINUSITIS AND UNDERSTANDING YOUR SINUS CONDITION

Written by: Dr Nishat Thokan
Specialist Ear, Nose and Throat Surgeon
Sunset Square, Floor 1, Lonehill
T: 087 702 8131 | E: drthokan@gmail.com

With winter here there is a rise in acute sinus infections that can significantly impact on school and work performance and your general sense of well-being. So, what is the common cold? We call it Acute rhinosinusitis. It is inflammation of the lining of the nose and the sinuses caused by viral or bacterial infections.

Sinusitis is characterised by two or more of the following symptoms occurring together:

- nasal blockage or nasal discharge
- facial pain or pressure over the cheeks or mid forehead or between the eyes
- reduction or loss of smell
- wet cough, especially in children, irritating the throat
- Severe cases may develop fever and muscle aches

Viral rhinosinusitis typically lasts up to 10 days and is managed with supportive medication and home care that will be prescribed by your doctor. In most cases antibiotics are not needed. If untreated or symptoms persist for more than 12 weeks the condition is called chronic rhinosinusitis.

Chronic rhinosinusitis can be caused by polyps, allergies, chronic bacterial infection or fungal infection. These conditions may require sinus surgery at the discretion of an Ear, Nose and Throat Surgeon.

While most sinusitus cases are mild with complete recovery, occasionally bacterial rhinosinusitis may have worsening symptoms severe headache, eye swelling, blurred vision, double vision, neck stiffness, vomiting and confusion. In these instances it is important to contact your General Practitioner or Ear, Nose and Throat Surgeon as a matter of urgency as you may need casualty or hospital admission in order to treat the spread of infection.

Patients with seasonal symptoms of blocked and runny nose with sneezing, itchy nose and involvement of other sites such as itchy eyes and skins rashes and asthma exacerbations are likely to have Allergic rhinitis (hay fever) which is different from an acute sinusitis as it is not caused by an infection. Smoking predisposes one to multiple episodes of recurrent sinusitis. If you are concerned about your sinus health, please speak to your local GP or ENT specialist.