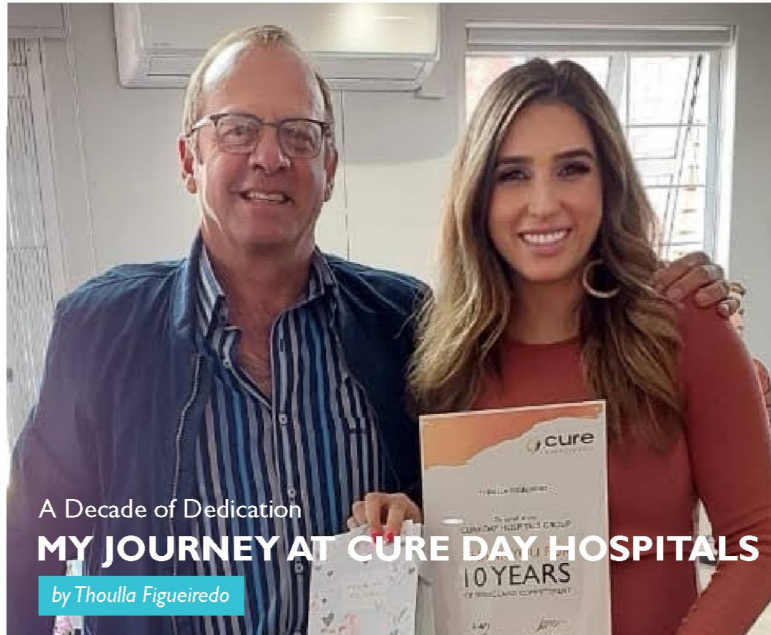




Radiant Smiles Begin with Diligent Care:

Illuminating Confidence, One Brush at a Time!



A Decade of Dedication

MY JOURNEY AT CURE DAY HOSPITALS

by Thoulia Figueiredo

As I sit down to write this letter, it marks the end of an era for me—an era that spans an incredible ten years of growth, learning and fulfilment at Cure Day Hospitals. With mixed emotions, I share the news of my resignation a decision that was not taken lightly, but one that is necessary as I embark on a new chapter in my life—becoming a mom.

A decade ago, I stepped into Cure Day Hospitals eager and ready to contribute to an organization with a vision for exceptional healthcare services. Little did I know that this would be the beginning of a journey that would become more than just a career—it would become a defining part of my life.

Reflecting on the years gone by, I am filled with gratitude for the opportunities, the friendships and the shared successes. Cure Day Hospitals has been a place of inspiration and growth and has been a truly special place to work.

As I announce my departure, I want to express my deepest appreciation to Bert, our CEO, and every member of the Cure family that has played a pivotal role in my time here.

The evolution from my initial role, to the position of Group Marketing Manager has been a journey marked by challenges, triumph and a consistent commitment to excellence. I started when the group had 4 hospitals and Cure has now grown into a 12 hospital group. Cure Day Hospitals, to me, is more than a workplace; it became like a second home.

To all my colleagues, my wonderful marketing team and EXCO team at Cure Day Hospitals, you will be missed.

WE VALUE OUR PATIENTS FEEDBACK

See how we rated nationally from December 2023 to January 2024.

Service received
from Reception **93%**
Excellent Rating

Discharge
information **91%**
Excellent Rating

Cleanliness of
facility **92%**
Excellent Rating

Nursing care **95%**
Excellent Rating

Ease of finding
hospital location **91%**
Excellent Rating

Likelihood to
recommend facility **94%**
Excellent Rating

In February
2024, the Cure
group achieved
a revenue
record.

 **B-BBEE
LEVEL 2**
CONTRIBUTOR



Sponsored Nurses

Our sponsored nurses have made significant progress, as evidenced by the results shared with us by the institution. Cure is committed to continuing our sponsorship of these learners throughout the current financial year. Above are the learners registered for this year.

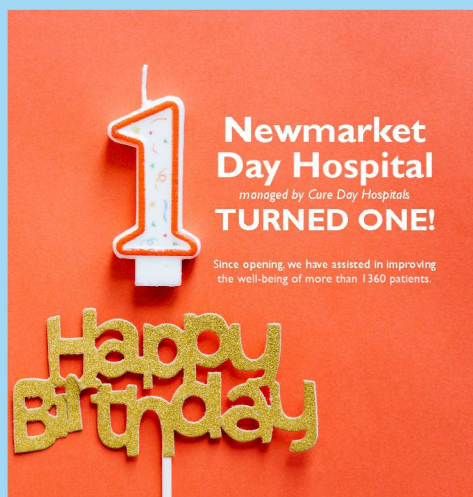


For more information or if you would like to get into contact with us, please don't hesitate to call us on 012 003 2000 or email us on info@cure.co.za

Castle Walk Corporate Office Park
Block G, 1st floor, C/o Kuiseb St &
Swakop St Erasmuskloof 0181
www.cure.co.za



The best care in one day!



Successful CPD Event Hosted by Cure Bellville

Cure Bellville proudly hosted a highly successful CPD event in February. The event featured enlightening lectures from esteemed professionals in the medical field: Dr. Louise de Lange, a renowned Plastic & Reconstructive Surgeon, delivered a comprehensive session on Scar Management. Dr. Celeste de Vaal shared invaluable insights on Ethical Issues and Human Rights, providing attendees with crucial perspectives in the medical domain.



SA20 Cricket Final

Cure Bellville's doctors were treated with tickets to the scenic Newlands Cricket grounds, where they had the opportunity to witness the thrilling SA20 Cricket Final. The match showcased a captivating showdown between Sunrisers Eastern Cape and Durban Super Giants, providing an unforgettable experience for the attending doctors.



Cure Day Hospitals Shine at the South African Dental Association Western Cape Conference

On 2nd March, the South African Dental Association Western Cape conference unfolded at Lagoon Beach. Cure Day Hospitals Bellville, Paarl, Somerset West and Foreshore enthusiastically participated, contributing to the resourceful networking of the function.



Enlightening CPD Session on Surgical Management of Skin Lesions Hosted by Cure East London

The session was expertly presented by Dr. Tim Perks, a distinguished plastic and reconstructive surgeon. Attendees were treated to an engaging evening filled with insightful discussions and captivating visual representations, enhancing their knowledge and skills in the field.



Empowering Women's Health: Cure East London Hosts CPD on Recurrent Vulvovaginal Candidiasis

Cure East London recently hosted a compelling CPD session on the recurrent vulvovaginal candidiasis, led by Dr. Nontembeko Somlota, a distinguished Gynaecology and Obstetrics Specialist. The session emphasized the significance of women's health, emphasizing accurate history-taking and diagnosis to address this prevalent issue effectively.



Erasmuskloof Team Building

Cure Erasmuskloof hosted their annual team building on 2 March and celebrated their strong and united team. "We are not a team because we work together. We are a team because we respect, trust and care for each other".



Doctors receptionists morning

Cure Erasmuskloof hosted a wonderful morning for their doctors' receptionists on the 3 Feb. Their creative skills were challenged with a "Cartoon-styled" cake decorating workshop.



Cure Paarl will be celebrating its 12th anniversary this year, and we celebrated Joy Scheffers 10th year of service.



Cure Paarl Pro Deo

We assisted 21 patients during the 2023/24 financial year with pro deo cases. Mr Gudula from Mbekweni, Paarl was very thankful for his cataract surgery performed by Dr Nieder-Heitmann.

PATIENT FEEDBACK BLOEMFONTEIN



"I would like to appreciate all nurses that were working with us, the doctors as well. The care I received from this Hospital was on another level. I will definitely spread the message other people of how excellent the Hospital and the staff are. I will definitely advice people to choose Cure Day. Thank you so much!"

Ms ES Magobe.



Transforming Lives: Cure Wilgeheuwel's Pro Deo Dental Treatment for Children

As part of their "Give a Smile Back" CSI Initiative, Cure Wilgeheuwel recently provided invaluable assistance to nine children. These children received dental restoration and extraction treatment under general anaesthetic, completely free of charge. This initiative has had a profound impact on the lives of these children, who otherwise would not have had access to such essential dental care, resulting in positive transformations and brighter futures.



Cure Foreshore hosted an opening function

The function for doctors, stakeholders, and staff was stylishly hosted and Dorette Roos entertained the guests with her lovely cello performance.



Welcoming Sr. Lynette Potgieter to the Cure Medkin Team

We are delighted to introduce Sr. Lynette Potgieter, a seasoned scrub sister, who has recently become a valuable member of our team at Medkin, starting from February 1st. With her extensive experience in the health industry, Sr. Lynette brings valuable expertise to our organization. We are excited to have her on board and look forward to her contributions towards our shared goals.

CURE WELCOMES



Nicola Stansfield
Hospital Manager

Cure Wilgeheuwel



Nicole Stecher
Hospital Manager

Cure Somerset West



Felicia Raselomane
Hospital Manager

Cure Medkin



Anne-Marie Bekker
Marketing Officer

Newmarket Day Hospital



Valentines Day 2024



SPECIALS

**CONTACT YOUR
NEAREST CURE DAY
HOSPITAL** to find out what
the current co-payment or procedural
specials are!



Everything you need to
know is right here, just scan!



PRECISION AND LONGEVITY: ROBOTIC-AIDED KNEE OPS ROCK

As artificial intelligence is progressing in South Africa and in the medical space, we are proud to announce that Dr Bayes, Orthopaedic Surgeon, operating at Newmarket Day Hospital – Managed by Cure Day Hospitals was featured in the Citizen for performing knee surgeries making use of robotic equipment.

Discover how robotics are revolutionising knee replacement surgeries, providing greater precision and improved patient satisfaction.

Living with the pain of arthritis in the knee joint can needlessly rob people of years of good life quality. Fortunately, technology used in knee replacement surgery has taken a great leap forward.

Orthopaedic surgeons can now turn to robotics to achieve ideal placement for more natural feeling joints.

“Wear and tear of our articular cartilage is a natural process and when this leads to pain and poor quality of life it is called osteoarthritis,” said Dr Graham Bayes, an orthopaedic surgeon practising at Netcare Mulbarton Hospital.

In the general population, the overall lifetime risk of requiring a knee replacement is about 30%, although as average life expectancy improves the percentage becomes higher for an ageing population.

“Many people are unaware of how far joint replacements have come in recent years and, sadly, learn to live with pain and compromised mobility for years unnecessarily.”

Total knee replacement is often recommended for people with advanced osteoarthritis of the knee, as it is well documented that most patients will have reduced pain and improved quality of life, even with traditional surgical techniques.

“Orthopaedic surgeons aim to recreate the normal anatomy and function of the knee.

“One of the major factors in patient satisfaction after a knee replacement is the balance of the knee, which is determined in surgery.

“If the knee ligaments are not balanced correctly, it can feel as though the knee is ‘giving way’, which holds the person back in their daily activities,” Bayes explained.

“It has been said that knee replacements are second only to hip replacements when it comes to operations that improve quality of life.

“For half a century, knee replacements were performed with the traditional technique, but we want to do better for our patients.

“One of the earlier advances was navigation systems, however, technology has moved on considerably from there.

“Robotic assisted surgery is incomparable in the control it provides the surgeon to attain their alignment goals in knee replacements,” Bayes said.

“The previous paradigm aimed for the globally accepted norm of patients being 80% pain free and satisfied with their knee replacement but with robotics this is all changing.

“We prefer for patients to be able to forget they ever had a problem with their knee and get their lives back for many years to come, and now technology is bringing us closer than ever to this goal.

“Many of our colleagues internationally share the opinion that a new standard in patient satisfaction will be made possible with robotic-assisted surgery.

“It is here to stay as a tool for orthopaedic surgeons to more precisely implant knee joints that are correctly fitted and balanced, and therefore longer lasting.”

Robotic-assisted surgery allows the surgeon to place the implants in with precise accuracy and make sure that the ligament balance of the knee is ideal before any bone cutting.

This means that once the robotic system has all the information, the surgeon can review the surgical plan and make adjustments in advance until the knee is aligned, balanced and well placed.

Only then does the operation proceed.

Once the surgeon has made the required cuts, trial implants are placed to check the fit and the robotic system analyses and rechecks it to make sure the plan has gone as anticipated.

This allows for the surgeon to fine-tune before the final knee implant is set in place, explained Bayes who has performed more than 50 robotic-assisted total and partial knee replacements at Netcare Mulbarton Hospital.

The dimensions and final result of the surgery are then captured and the robotic system stores the data for future study of the patient’s results and ongoing progress.

Bayes is contributing to building local data with a clinical audit of his patients’ outcomes, adding to the body of international research in robotic-assisted orthopaedic surgery.