



Message from our CEO, Bert von Wielligh

Another tough and challenging year is coming to an end. Thanks to all our dedicated staff and supporting doctors, who were instrumental in treating over 34000 patients with high quality care and dedication during the past year. At the end of the day, we can only pride ourselves with the positive feedback and satisfied patients.

The Cure staff and supporting doctors once again formed a formidable team and many new records were set during the past year. We will be spreading our footprint further in 2023.

Our first hospital in the Eastern Cape, Cure Day Hospitals East London, opened during the course of the year and is growing from strength to strength.

We wish all the Cure staff and doctors a blessed festive season with their families and loved ones. We trust you will recharge your batteries and return to work well rested and ready to take the Cure group to new heights.

Message from our Group Chairman, Mr Vusi Mahlangu

As we reach the end of an eventful year, we would like to thank all our doctors, staff and various stakeholders for their support. Cure Day Hospitals group have not only reached new heights in terms of growth, successes and expansion (including opening our 10th facility in East London), but has helped those in-need with our various community projects throughout the year. We wish you a safe festive season with your loved ones and look forward to offering you our best service again next year.

We are
EXPANDING
our footprint in 2023
WATCH THIS
+ **SPACE!**

Cure Day Hospitals is closing for the holidays

Cure Day Hospitals
HEAD OFFICE:
closing afternoon of 23 December 2022
and re-opening on 3 January 2023

Cure Day Hospitals
ERASMUSKLOOF:
closing afternoon of 15 December 2022
and re-opening on 3 January 2023

Cure Day Hospitals
MEDKIN:
closing afternoon of 15 December 2022
and re-opening on 3 January 2023

Cure Day Hospitals
SOMERSET WEST:
closing afternoon of 23 December 2022
and re-opening on 9 January 2023

Cure Day Hospitals
BELLVILLE:
closing afternoon of 22 December 2022
and re-opening on 16 January 2023

Cure Day Hospitals
EAST LONDON:
closing afternoon of 21 December 2022
and re-opening on 9 January 2023

Cure Day Hospitals
MIDSTREAM:
closing afternoon of 15 December 2022
and re-opening on 5/6 January 2023

Cure Day Hospitals
WILGEHEUWEL:
closing afternoon of 15 December 2022
and re-opening on 9 January 2023

Cure Day Hospitals
BLOEMFONTEIN:
closing afternoon of 15 December 2022
and re-opening on 3 January 2023

Cure Day Hospitals
FOURWAYS:
closing afternoon of 22 December 2022
and re-opening on 9 January 2023

Cure Day Hospitals
PAARL:
closing afternoon of 21 December 2022
and re-opening on 9 January 2023

WE VALUE OUR PATIENTS FEEDBACK

See how we rated nationally from September to November 2022.

Patients have the opportunity to score Poor/Average/Good/Excellent.

Service received from Reception **92%**
Excellent Rating

Discharge information **90%**
Excellent Rating

Cleanliness of facility **90%**
Excellent Rating

Nursing care **90%**
Excellent Rating

Ease of finding hospital location **86%**
Excellent Rating

Likelihood to recommend facility **89%**
Excellent Rating



For more information or if you would like to get into contact with us, please don't hesitate to call us on 012 003 2000 or email us on info@cure.co.za

Castle Walk Corporate Office Park
Block G, 1st floor, C/o Kuiseb St &
Swakop St Erasmuskloof 0181
www.cure.co.za



The best care in one day!

Cure Day Hospitals
clocked over
1.6 MILLION
theatre minutes

from January to November 2022



CPD function

Cure Paarl successfully hosted a CPD function in October with Dr Lodé Fourie, Gynaecologist, and Mrs Bonnie Steyn, partner at Bowmans Law Firm. Topics of the evening included Endometriosis and an ethical discussion on CLAIMS, CASES AND COMPLAINTS: A DOCTOR'S NIGHTMARE. Thank you to DISA Life Science for their support towards this event.

SPECIALS

**CONTACT YOUR
NEAREST CURE DAY
HOSPITAL** to find out what
the current co-payment or procedural
specials are!



Everything you need to
know is right here, just scan!

Cure Wilgeheuwel

WHAT OUR DOCTORS HAVE TO SAY

I would like to record my high regard, appreciation and gratitude for the support and assistance I experienced on Tuesday 8 November 2022 at the Cure Day Hospitals in Florida.

You and your colleagues are not only very pleasant and supportive but also very professional. You all know how to create customer delight. Thank you indeed and please convey this message to all concerned!

Go well and kind regards
Dr George Lindeque

Happy Birthday Bellville

**Here's to 7 years of
providing outstanding
patient care!**

*Thank you for all
your support.*



The South African Society of Maxillofacial and Oral Surgeons (SASMFOs) Conference

The annual SASMFOs Congress took place from 22 to 24 September 2022 at the Century City Conference Centre in Cape Town. We had the privilege to sponsor the cocktail function where we could represent Cure and engage with surgeons.



Smile of Joy CSI

Being able to put a big smile on a child's face, is just priceless! Cure Erasmuskloof did exactly that by sponsoring 6 children from Smile of Joy with free dental procedures in September. We would like to thank Dr Koos Conradie (Dentist) and Dr Seugnet de Beer (Anaesthetist) for offering their services for free as well as our sponsors; Safeline Pharmaceuticals & Mrs Von Wielligh and her team.



Right to sight CSI

Cure Erasmuskloof took part in Right to sight during the month of October and assisted 14 well deserving patients with free Cataract procedures. This CSI project was a great success and would not have been possible without our doctors and generous sponsors.



Cure East
London has
helped over 394
patients since
opening.

Cure East London hosted a gynaecology CPD in collaboration with PathCare in November. The CPD was presented by Dr Tshepang Sengoatsi, who works for PathCare, and centred around synchronous tumours of the female reproductive system. The evening was highly informative and enjoyed by all who attended.



Cure Day Hospitals Somerset West

WELCOMES

Dr Emmanuel Mukahiwa
Ophthalmologist

Tel: 021 001 0330 or 064 005 7293
Email: reception@drmukahiwa.co.za



Cure Day Hospitals Midstream

WELCOMES

Dr Janus E Beukes
Orthopaedic Surgeon

Consulting rooms T: 012 367 4525
E: admin@drjanusbeukes.co.za
Suite G14, Mediclinic Kloof Hospital, 511 Jochemus
Street, Erasmuskloof



CURE DAY HOSPITALS MEDKIN

WELCOMES

Dr Harold Lesego Letsoalo
Ophthalmologist (Eye Specialist)

Consulting rooms T: 012 798 7038

CURE FOURWAYS



"Professional, clean, helpful and versatile. Such an wonderful experience."

Stephanie Chetty



Cure Bellville Secretary Information breakfast

Cure Bellville hosted their supporting Practice Managers and Secretaries for an Information session and a morning of spoils and delicious breakfast.

CURE BLOEMFONTEIN



"All i can say is THANK YOU Cure Day Bloemfontein!!!! I will keep coming back forever!!! You are a example to many other hospitals".



Cure Erasmuskloof 10Year staff awards

Congratulations Julie Anderson and Christina Ndweni!

Congratulations to Sr Malebo at **Cure Medkin**, for qualifying as a Registered Nurse.

Partnership provides free cataract surgeries

Cure Bloemfontein lives out our "C" for Compassion in our Cure values and proudly hosted a "Cataract Blitz" in October. Ophthalmologists, Prof Wayne Marais, Head of the Department of Ophthalmology, Dr Shelley Barrett and Dr Niel van Wyk, based at Cure Day Hospital, offered free cataract surgeries for fourteen qualifying individuals throughout the community, who otherwise would not have had the means to afford the procedure. The doctors evaluated prospective cataract patients and scheduled them for their free procedure.



Pro deo

In August, Cure Bellville performed a pro deo surgery, to help a two-year-old patient in need of Bilateral Cleft Lip Repair. Thank you to Dr Malcolm du Preez (Maxillo-facial Surgeon) and Dr Stephan Van Zyl (Anesthetist) for performing this life-changing surgery.



Right to Sight

During Eye Care Awareness week in October, Cure Somerset West collaborated with Somerset Eye Centre for the OSSA (Ophthalmology Society of South Africa) Right to Sight Initiative.

This is dedicated to ending preventable and curable blindness in South Africa. Fourteen patients were operated on.



Welcome to our new Chairman

Dr Roland Berry, our Chairman of Cure Paarl since March 2017, decided that it was time to step down.

Dr Christo Lourens was elected as our new Chairman by our board members, and we are looking forward to his leadership and contribution he will bring to our facility.



Blissful Cleft Foundation

In August, 21-year-old Andries, received his hard palate repair operation at Cure Midstream.

Thank you to Dr S Naidoo (Maxillo Facial Surgeon) for performing the surgery, Dr A Osman (Anaesthetist) and Dr M Swaminathan for assisting Dr Naidoo in theatre.

CURE SOMERSET WEST



Customer care is outstanding. Everyone gives you a friendly greeting, even very early in the morning! Upon returning for the second procedure, I was greeted at reception by a young man with a big smile who said "you've been here before, welcome back".

First time procedure at Cure Medkin.

Dr Thabang Morris, Ophthalmologist, performed a



CORNEAL CROSS-LINKING PROCEDURE in November.

Cure Wilgeheuwel

DOCTOR PRACTICE FEEDBACK

Dear Heidi,

Thank you so much for making this transition so comfortable and easy. Your assistance is really appreciated. We look forward to building a successful business relationship going forward.

Louise Perreira



WHAT DO PLASTIC SURGEONS DO?



Written by: Amori Struwig
on behalf of Dr Dehan Struwig,
Plastic and Reconstructive Surgeon

In the mind of the public plastic surgery is usually related to beauty and vanity. It is often thought that the “plastic” in plastic surgery refers to the use of artificial materials such as silicone, to create a new look, a new person, and a new lease on life. But plastic surgery will not turn you into a plastic doll or an artificial being.

Early Egyptian physicians are the earliest contributors to the science of plastic surgery, with texts dating back to 3000BC containing descriptions of surgical procedures to manage facial trauma. The oldest reference to reconstructive surgery is traced back to India, 600BC, where forehead skin was used to reconstruct the faces of criminals who had their noses severed in acts of punishment.

In the 15th century the Branca family of Sicily became famous for their use of a similar technique. And in the 16th century Tagliacozzi used and refined several other methods for the reconstruction of deformed ears and noses. All this, long before the artificial material “plastic” was ever invented.

The word “plastic” in “plastic surgery” is derived from the Greek word “plastikos”, which means “to mould or shape” and the Latin word “plasticus”, which means “capable of moulding” and herein lays the meaning: This specific type of surgery, called “Plastic surgery” is a specific type of surgery, unlike any other, which is capable of moulding, and re-moulding skin and body tissue in an effort to re-create an appearance or to reconstruct function or working ability, so that the patient can gain normal appearance and function.

The term “plastique” was probably first used by the French surgeon Desault in 1798. However, the term only established itself after the publication of the surgical manual “Handbuch der Plastischen Chirurgie” by Ziehl.

Why is it called Plastic AND Reconstructive Surgery?

Many advances were made during the years following the Branca family’s innovative techniques, especially toward the end of the 19th century, but the real impetus for growth of modern plastic surgery lies in the blood and guts of the First and Second World Wars.

These wars, unlike others, made use of weapons that wreaked such immense destruction of human flesh, as had never been witnessed before. Some surgeons treating the severely wounded soldiers felt compelled to do more than merely close the horrible wounds they were confronted with. They wanted to reconstruct human lives and souls, as much as appearances. Thus the art of surgery with cosmetically pleasing results was born.

Reconstructive surgery refers to the surgical techniques used by plastic surgeons in an effort to correct abnormalities of the face or other parts of the body, caused by congenital defects, other developmental abnormalities, injuries, previous or concurrent surgery, infections, tumours or other diseases. The main purpose of reconstructive surgery is therefore to improve function. But no plastic surgeon will improve function without also attempting to improve appearance.

So what is cosmetic surgery then?

Cosmetic surgery or aesthetic surgery is restorative in nature – normal structures of the body are repaired or reshaped mainly in an effort to improve a patient’s appearance. These procedures evolved naturally from reconstructive procedures – plastic surgeons realised that if they could correct gross deformities, they could also improve appearance of lesser deformities.

Cosmetic surgery procedures might involve reshaping parts of the body, eliminating wrinkles or enhancing certain features. Nevertheless, patients choosing this type of surgery do so to obtain an image with which they are comfortable and which makes them feel more confident. With the advances in surgical methods, methods of anaesthetic and the nature of artificial materials, it has become easier for surgeons to assist in restoring and reshaping human features.

Are all cosmetic surgery procedures performed by plastic surgeons?

Any surgeon can perform a cosmetic procedure: an ear, nose and throat specialist can perform a cosmetic procedure on a nose or ear, and a family physician can perform a cosmetic procedure on any part of the anatomy, but only a plastic and

reconstructive surgeon has undergone specialised training and education to perform these procedures, specifically with the aim of achieving cosmetically pleasing results.

A specialist surgeon, registered with the Health and Professions Council of South Africa as a Plastic and Reconstructive Surgeon, has graduated from an accredited Medical School, firstly as a doctor of Medicine and Surgery (M.B., Ch.B.), and has furthermore completed at least 5 years of post-graduate medical education, specifically in Plastic and Reconstructive Surgery.

Is it all about beauty and vanity?

Some call a boob job, a boob job, but what if your breasts were so big, that you suffered continuously from backache and chronic fungal infections? Or what if your eyelids hung over your eyes in such a way that you had to lift your chin to see anything? Can we really call that cosmetic? And then we still need to think of the lady who had a breast removed due to breast cancer – surely that cannot be called “cosmetic” surgery.

Not to mention the child seemingly scarred for life when she accidentally pulled the pot of boiling oil over her head, or ran into a glass door; or the young man with multiple scars on his face after a car accident. However, all these procedures are performed by plastic surgeons and while they enhance one patient’s features during a so-called “beauty” operation, they are also quite capable of re-structuring a face (or any other part of the body) that is deformed due to an accident, a deformity or a disease.

And yes, sometimes the boundaries are vague – arguably some procedures can be perceived as purely in search of beauty. But then, everyone has to make that decision for himself in the end. You see, Plastic and Reconstructive Surgeons not only beautify the body, but also the soul. The Plastic and Reconstructive Surgeon is concerned about the patient as a total human being of whom he takes care, and therefore has to consider not only the physical features of the patient, but also those elements that contribute to creating a complete human being. For some patients, this includes beauty.

The hands of an artist

Plastic surgeons use their hands and touch as an expression not only of their knowledge and skill, but also of their passion for beauty, art and creativity. Art and science are complementary, and the work of plastic surgeons proves this point. It is therefore not uncommon to find plastic surgeons that enjoy creative and artistic hobbies in their private lives. Plastic surgeons are truly blessed, as the human body is their canvas, their clay, their passion – their work allows them to live their art.

The beauty of the patient is therefore the plastic surgeon’s main aim – regardless of whether he is doing a facelift, or removing a skin lesion that could be cancer, or suturing a wound on a patient’s leg or face. Restoring the “natural look” that was part of a person prior to surgery or injury is visible testimony to the plastic surgeon’s skill.

So what do plastic and reconstructive surgeons do?

It is a myth to believe that plastic surgeons devote their lives to satisfy the whims of the vain. Only a very small group of plastic surgeons devote their lives exclusively to cosmetic surgery. Many plastic surgeons spend many hours and long nights in the accident and emergency units of hospitals, using their surgical skill, art and experience to restore human bodies damaged by accidents – piecing together faces broken during a collision, carefully debriding and dressings limbs damaged by fire or suturing wounds caused by guns, knives, household accidents and dog bites.

They spend countless hours in operating theatres doing reconstructive procedures on patients with genetic disorders and who suffer from cancer. Plastic surgeons perform surgery on any part of the anatomy, except the central nervous system.

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