



MANDELA DAY

We celebrated the “C” in our **CURE VALUES** and showed **COMPASSION** to those most needing of our help.

We celebrated the “C” for compassion in our Cure values, and celebrated “67 minutes for Mandela Day” to help those most in need of our help. Our amazing staff at our hospitals and Head Office donated goodies and filled up donation boxes to give to charities and to those less fortunate during these difficult times. We want to thank everyone for the compassion you have shown on this legendary Mandela Day. Cure strives to continue with projects like these in the future to help our community.

We proudly supported: @tshwanehaven, @kerksondermure, @pretoria_dog_rescue, @acresoflove, @johannesburgspca, @haven.org.za, @strandhelpendehandgemeenskapsentrum, @PENFoundation, @Huis Perelberg, @AcresofLove - Siyabonga Forever Home



CURE VALUES OUR PATIENT'S FEEDBACK



See how we rated nationally from July to September 2020!

✓ Service received from reception/admissions staff
94% Excellent

✓ Nursing care pre-operative and post-operative
97% Excellent

✓ Discharge information
94% Excellent

✓ Ease of finding hospital location
92% Excellent

✓ Cleanliness of facility
96% Excellent

✓ Likelihood of you to recommend our facility
96% Excellent

HAPPY BIRTHDAY TO THE FOLLOWING BOARD MEMBERS

Vusi Mahlangu
9 July

Jannie Prinsloo
26 August

Dr Andre Roux
20 September

CURE DAY MIDSTREAM DENTAL CSI PROJECT

Cure Day Midstream hosted their annual corporate social investment project for 10 children from the Abraham Kriel Children's Home in Nylstroom. All children received free dental surgery and were between the ages of 6 and 16.

It is an incredibly rewarding and life-changing experience for all of us to be able to give back to the community.

A special thank you to everyone who contributed to this wonderful project: Dr F Pinheiro (Dentist), and Dr A Roux (Anaesthetist).

We would also like to thank the sponsors involved: Intersurgical, Schulz Dental Supplies, Colgate, Safeline Pharmaceuticals, Akacia Medical, Dental Warehouse.





Cure Wilgeheuwel celebrated their **1st birthday**, and is one of the top performing hospitals in the Cure Group!



Welcome to the following new doctors at Cure Wilgeheuwel

Dr Tollie Oosthuizen
Orthopaedic surgeon

Dr Neil Freed
Orthopaedic surgeon

Dr Herman Roodt
Ophthalmologist

Dr Andrew Rawlins
General surgeon



CURE SOMERSETWEST SUPPORTS

Being part of the partnership in joining hands with scholars of Nomzamo Secondary and Strong Schools, was a calling. Supporting these scholars with our donation and "emotional adopting" them with moral support could make a difference in their lives. The scholars was challenged with technology challenges, which was a burden they could not foresee to overcome.

Thank you to our 2 Ear- Nose & Throat specialists, Drs Leon Nel & Gérard de Bruyn, for being part of this journey!



A LITTLE SMILE

Cure Midstream offered free dental surgery to little Amoré Coetzee as part of our Community Service project. A special thank you to Dr Wiehahn Francke (Dentist) who performed the surgery and Prof Frans Smith (Anaesthetist) from Brink Anaesthesiologists who volunteered their expertise and time.



WE ENJOY A CHALLENGE

All 9 Cure Day Hospitals participated in the **Jerusalema Dance Challenge** during August 2020. The videos can be viewed on Facebook.

CATARACT SURGERY

For most of us we take our health for granted, but these two gentlemen received life changing eye surgery when their cataracts were removed. Dr Norman Nieder-Heitmann an Ophthalmologist from Paarl Eye Centre performed the surgery on Abraham October (71) and Klaas Deering (53). Cataracts can be successfully removed through micro-surgery that will ensure better vision to the patient.

We would like to thank Dr Nieder-Heitmann from Paarl Eye Centre, EnvisionAfrica, Oculute and PEP for their involvement in this Corporate Social Investment project.



DENTAL CARE FOR ARMAND

Armand De Beer was born with Charge Syndrome and experienced several other challenges including being blind in his left eye, 3 heart surgeries, no vestibular circles in his ears, retarded growth, no balance, nonverbal and struggles to adjust in groups. We thought to give him an opportunity to receive free dental treatment at Cure Medkin.

A special thanks to Dr M Matima (Dentist) and Dr S Van Zyl (Anaesthetist) who performed the procedure and to the staff.



FIRST TIME PROCEDURE AT CURE MEDKIN

Dr SP Maelane, Orthopaedic Surgeon, performed a Rhizotomy procedure on 11 August 2020.

CURE DAY HOSPITAL COVID FACTS TO DATE

- **36720** The number of cumulative working days of all Cure employees
- **7%** The total number of Cure staff who tested positive
- **1.2%** The number of staff who were symptomatic and unwell at home
- **1** The number of staff who required hospitalisation
- **0** The number of staff who required High Care or ICU support
- **0** The number of staff still off duty
- **0** The number of times hospital had to close

WELCOME TO CURE



DR H LAUBSCHER
Orthopaedic Surgeon

Cure Midstream



DR S RANCHOD
Maxillo-Facial Surgeon

Cure Bellville



WE WOULD LIKE TO CONGRATULATE JOHAN NEL ON THE FOLLOWING:

Promotion to
CFO of Cure Day
Hospitals.

Appointed on the
NHN Board to
represent day
Hospitals from
1 September
2020.



Cure Midstream

CO-PAYMENTS TOO HIGH?

100% OFF ALL DENTAL &
MAXILLO CO-PAYMENTS,
APPLIES TO ALL MEDICAL
AIDS, CAPPED AT R3000.00

WORLD PATIENT SAFETY DAY

17 September 2020



SAFE HEALTH WORKERS,
SAFE PATIENTS

CURE BLOEMFONTEIN

Special runs until
31 December 2020

50% OFF

on Dental & Maxillo Facial
procedure co-payments



**GREAT
FEEDBACK,
THANK YOU!**

"My experience at your clinic today was really great-from admission of the patients to discharge. The scrub sister was excellent! A really efficient service!"

DR NEEL FREED
CURE WILGEHEUWEL

WHAT OUR DOCTORS HAVE TO SAY

"Ek het nog nooit so lekker by 'n plek gewerk soos Cure Erasmuskloof nie! Ek het die tyd van my lewe! Well done aan almal en dankie vir die uitstekende diens!"

DR HEINRICH NIEMOLLER
CURE ERASMUSKLOOF

"I have worked in many clinics in my 40 years of GP practice and Cure Day has been amazing. Very honoured to be able to work in a great day hospital with superb staff."

RENZO ALESSANDRINI
CURE SOMERSET WEST

"This is utopia! Well done to the staff we can always count on them."

LOUIS SMIT: PAIN SPECIALIST
CURE SOMERSET WEST

"It is a pleasure to work at Cure Day Hospital."

DR A VAN ZYL
CURE BELLVILLE

CURE MIDSTREAM

This is a letter of thanks and to tell you how professional, caring and wonderful the staff were at Cure Midstream. Lynda Hattingh made all the difference. She understood the nature of this virus and made sure that we were not treated as pariahs. She was the reason that my housekeeper is recovering and feeling 100 per cent better.

With my warmest regards,
Marina Appelbaum and Jojo

CURE PAARL

"Hi Bridgette, ek wil net vir jou en al jou kollegas sê: Baie dankie vir jul hulp en ondersteuning vandag met die kids se verskeie operasies! Julle het soooo mooi gewerk met hulle, dit was 'n absolute plesier gewees, en die diens was van uitstaande gehalte, baie baie dankie".

Die Goosen familie

CURE MIDSTREAM

Amazing service, help and assistance from nursing staff. I would not have been able to do this without them. Thanks team.

Andrea Lindhorst



WHAT IS A PTERYGIUM?



Dr. Norman Nieder-Heitmann
Paarl Oog Sentrum, Bo Lady Grey Straat,
Paarl, 021 871 1368

A pterygium is when a part of the conjunctiva grows over the cornea (cornea). The conjunctiva is a thin, translucent membrane that aligns the sclera (white part of the eye) and the inside of the eyelids.

What is the cause?

Pterygiums are common in a hot and dry climate with a lot of sun exposure. UV rays are the main cause of a pterygium.

Is it the same as a cataract?

A pterygium is often confused with a cataract. A cataract is when the eye's natural bright lens located inside the eye becomes dull. In other words, these are two completely different conditions.

What is the treatment?

Not all pterygiums need to be removed. Small pterygiums that do not cause any symptoms can only be monitored. Should they become red and itchy, drops may be prescribed to relieve the latter.

Surgical removal is considered in the following cases:

- If they cause frequent or long-term redness and scratching.
- If they affect vision (due to their effect on the shape of the cornea (astigmatism) or if it grows over the visual axis (over the pupil).
- Cosmetic reasons.

What does surgical removal involve?

The procedure is usually performed under general anaesthesia by a qualified Ophthalmologist.

The pterygium is removed with fine instruments under a microscope. A piece of healthy conjunctiva is harvested on another area and glued with a tissue glue over the area where the pterygium was.

With this technique, the chance that pterygium can grow back is reduced to less than 5%.

CURE BLOEMFONTEIN

On Thursday, 13 August, Dr Charles van Niekerk, a Maxillo-Facial & Oral Surgeon at Cure Day Hospital Bloemfontein, embarked on a pioneering dental implant procedure in collaboration with Southern Implants. Unlike conventional dental implant guided surgery, which requires the purchase of a completely new surgical set, Southern Implants innovative solution allows the surgeon to simply use his existing surgical set with an adaptor. This significantly reduces the cost of the procedure and allows for greater versatility with regards to equipment selection and planning of the operation.

The surgery was planned by Dr van Niekerk, utilising the expertise of Dura Art Dental Laboratories who designed and manufactured the surgical stents for the procedure. Southern Implants representative and engineer, Stuart Blackbeard attended the surgery to provide technical support for the new guided surgery system.

The case went extremely well, with 4 x External Hex implants placed in the patient's mandible.

A small bone reduction procedure was performed using the bone reduction stent to ensure a flat surface for the implant placement. The full drilling procedure was guided by an implant surgical stent, resulting in quick and accurate positioning of the osteotomies as planned. The implants were placed freehand into their respective sites, all achieving satisfactory primary stability and positioning.

This surgery marked the very first full arch case utilising the new Guided Surgery concept, earmarking a new benchmark in dental implant surgery and patient treatment. It was a fantastic opportunity to perform this surgery at the Cure Day Hospital Bloemfontein and to have this procedure performed by one of South Africa's top Maxillo-Facial surgeons.



From left to right: Dr Ian Mouton, Anaesthetist; Stella-Ann Hall, Theatre Unit Manager; Martie van Wyk, EN; Anuscka Rossouw, EN; Dr Charles Van Niekerk, Maxillo-Facial & Oral Surgeon and Stuart Blackbeard, Sales Engineering Manager: Southern Implants